

Date of Application: July 5th, 2019

Indira Gandhi Institute of Physical Education & Sports Sciences University of Delhi FITNESS TRAINER COURSE (FITCO) Aerobics & Group Trainer

Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPESS) is one of the leading institution that also houses the Department of Physical Education & Sports Sciences under the Faculty of Inter-Disciplinary and Applied Sciences, University of Delhi offering all the categories of teacher training courses in physical education. The institute was established on 3rd August, 1987 by the Delhi Administration under the auspices of the University of Delhi.

Eligibility –

Courses	Eligibility
Fitness Trainer (Aerobics and Group Trainer)	<ul style="list-style-type: none"> 10+2 OR Graduation.
Age	Above 18 years.

Highlights of the Course:–

- Dual Certification (Aerobics and Group Trainer) well qualified experts with many years of experience.
- Training matching with international standards International level gym facilities & fitness equipment for training.
- Emphasis on practical training based on theoretical principles
- Printed Resource material

Steps to Apply –

- To apply: <http://igipess1.du.ac.in:8080/web/Documents/FITCO%20REGISTRATION%20-JUNE%202019.pdf>
- Download Application form, fill it properly and send it to the address below:

Indira Gandhi Institute of Physical Education & Sports Sciences, B-Block, Vikas Puri, New Delhi110018.

Note: Registration on first come and first serve basis.

Registration Fee:-

- IGIPESS student (Presently Enrolled) : Rs.15,000/
Outsider : Rs.25,000/
*Non-Refundable.
- Fee Deposit Detail- the Fee is required to be deposited through Bank Transfer to the following account
Name of the Bank - Vijaya Bank, New Krishna Park A/C No. - 601301010019206 IFSC Code No.-
VIJB0006013 MICR Code- 110029015

Helpdesk Numbers: Dr. Sarita Tyagi 9911323312/9873092071 | **Help Desk Email:** sarita.igipess@gmail.com
Official Website: <http://www.igipess.du.ac.in>