



FREEDOM ENGLISH ACADEMY
Free coaching for better jobs

STM 28 - Mindset for Leaders

Duration: 1 Day

v17.8.19

Objectives:

- Participants will be able to identify the qualities of a good leader and reflect where they stand.
- Participants will be able to understand how they can lead their team members.
- Participants will be able to foresee some challenges in their roles as leaders.

STM 28 - Mindset for Leaders

Time	Objectives	Activities
9:00am - 9:30am	Introduction	<p>Icebreaker: Name a person who you think is a good leader. Why do you think so?</p> <p>Participants answer the question on sticky notes and paste them on the board. Then they talk about it.</p> <p>Ensure that the participants listen to each other attentively. List the common qualities on the whiteboard.</p>
9:30am – 10:00am		<p>Chart Making:</p> <p>Divide the class into 5 groups and ask them to prepare a chart with all the qualities they look for in a leader. They must also mention the name of the person in whom they have seen those qualities.</p>
10:00am -11:00am		<p>Presentations:</p> <p>Each group presents for up to 5 minutes and discussions follow (10 min).</p> <p>Highlight the cognitive and non-cognitive skills we look for in a leader. Discuss how no one is a born leader, however anyone can develop these qualities and become one.</p>
11:00am – 11:15am		Tea
11:15 am – 12:00pm		Presentations continued
12:00pm – 1:00 pm		<p>The Snake Game:</p> <p>Participants form a human snake and collect paper balls littered in the room.</p> <p>Instructions:</p> <ol style="list-style-type: none"> 1. Make 4 teams (1 leader in each team). 2. The team has to stand such that they form a snake. Participants have to put their hands on the shoulders of the person standing in front of them. 3. The leader has to stand at the end (tail).

		<ol style="list-style-type: none"> 4. All the team members, except the leader, are blindfolded. 5. The only way the leader can communicate is by tapping on the shoulder of the person standing in front of him/her. 6. The message must be passed on to other members. 7. Make some paper balls (20) and litter them in the room. 8. The leader must guide them to pick up the balls. 9. The team that picks the most balls is the winner. <p>Change the position of the leader (head or middle) and replay the game.</p> <p>Note: Before the activity give them 2-3 minutes to plan how they are going to communicate. If there are no blindfolds, ask them to close their eyes. Tell them that the activity is fun when no one cheats.</p> <p>After the activity discuss what they learned from it. How well they were able to lead from the head, middle, and tail?</p>
1:00 pm – 1:45 pm		Lunch
1:45 pm – 2:00pm		Energizer
2:00 pm – 3:00pm		<p>Ask the participants to revisit their charts and reflect where they stand as leaders.</p> <p>What are some areas where they are doing well? Where they can improve? They can write their areas of improvement down on sticky notes and paste in their charts.</p> <p>Then have a discussion on it.</p>
3:00 pm – 4:00pm		<p>Discussion:</p> <ul style="list-style-type: none"> • Why were they chosen to be leaders? • What's expected out of them as leaders? • How can they help/assist their peers? (Discuss the importance of MER.) • What guidance/support do they need? <p>Highlight how leadership is not a position, but an attitude.</p>
4:00pm – 4:15 pm		Tea
4:15 pm – 5:00pm		<p>Challenges in leading:</p> <p>Video: Guy dancing on the hill</p>

		<p>Show the video and ask how the man was able to lead. What were some of the challenges for him? What was the attitude displayed by him?</p> <p>Steer the conversation towards the challenges they face or foresee in their role as leaders. Discuss how they can overcome them.</p>
5:00pm -6:00pm		<p>Power Hour</p> <p>Discuss how all good leaders are good readers. Suggest some books they can read to carve out the leader in them.</p> <p>E.g. Gandhi, Bill Gates, Warren Buffet, Elon Musk</p>